

## Claire Brown

In the time I have been seeing Hilary, my periods have changed beyond all recognition. They have reduced from a regular 14 days down to seven days in length, have become much more regular, and less painful. Hilary has been an enormous support to me over this difficult time and – miraculously -- I have just had a positive pregnancy test with my latest IVF cycle.

I am absolutely convinced that this was due partly to Hilary's dedication. Embryo transfers had always been a tricky business due to my tight cervix but following a session with Hilary a couple of hours before my latest transfer, there were no problems at all. Hilary's thirst for knowledge and enthusiasm is extraordinary, nothing is too much trouble. I am really very lucky to have found her. My sessions with Hilary are always very calming. I found my situation easier to deal with because I knew that it wasn't just me who was trying to make this happen.